

# Health & Safety

Spotlight on Service Program Guide | June 2017

# June Overview

Hello CNH Key Club!

With summer on its way, ensuring the health & safety of our communities is as vital as ever! Whether it be cleaning up a park where children play, or hosting a fundraiser for the Pediatric Trauma Program (PTP), there's a million and more ways to get involved this June.

Feel free to use this guide for great service or fundraising event ideas! If you have any questions, comments, or concerns, please feel free to contact cnhkc.sp@gmail.com.



Happy Serving! Service Projects Committee

# Pediatric Trauma Program

The Pediatric Trauma Program (PTP) is one of the CNH District's largest preferred charities. PTP was established by Kiwanis Cal-Nev-Ha Foundation in 1994 in response to the serious need for education and training in pediatric trauma and injury prevention. Funds go towards training doctors, nurses, and first responders, the purchase of specialized pediatric medical equipment, and the development of community outreach. Through PTP, countless unintentional, traumatic injuries have been avoided. This summer, let's try our best as a district to raise funds and serve for PTP!

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#### **CLEAN UPS**

From beaches to parks, it's important that we keep our public areas clean so that we can stay safe this summer. Schedule a clean up by first finding the right location, grabbing all of the proper supplies such as disposable gloves and trash bags, then publicizing to the members you serve! Even consider planning a social event right after, to encourage more members to attend your service event!

#### VOLUNTEER

There's a plethora of ways for you and the club you serve to get involved this summer. Volunteering with local food banks, shelters, and clinics in order to promote positive health for the community are great ways to start. Even volunteering with the local YMCA or park to help put on their summer programs is great. If there aren't many places to volunteer in your area, maybe try setting up your own food bank through donations from your community.





### **WALK-A-THON**

Want a creative way to raise funds for your own club or donate to the Pediatric Trauma Program, all while encouraging a healthy lifestyle? Host your own walk-a-thon with donations and pledges for people to walk! Reserve your local high school track or ask your advisors about how you would go about reserving nature trails or parks. Add on a barbeque with your Kiwanians for the perfect fundraiser and social!

#### SUPPORT THE PEDIATRIC TRAUMA PROGRAM

The Pediatric Trauma Program (PTP) is one of the CNH District's largest service projects. PTP is dedicated to preventing the deaths of children by traumatic injuries. While serving this summer, make sure to keep PTP in mind when planning your service events. Try making PTP dolls out of fabric, scissors, doll stuffing, and thread as a way to start, or possibly host a PTP themed social event to spread awareness. The possibilities are endless, as each event can encourage others to become more involved with the Pediatric Trauma Program and make a difference.



## **BEAUTIFICATION**

Summer's the perfect time to also promote the health of our environment! Get in touch with local community officials and consider turning an old plot, or an area of a park, into a garden for the community. Also try contacting local nonprofits such as TreePeople in order to find beautification events near you.





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Lundraising & Drive Events



### PIES FOR PTP

Need a fun & easy way to get the members involved in a fundraiser? Think about having the club board or division leadership team put on a "Pies for PTP" fundraiser! For just \$3-\$4 per plate, members will get the chance to throw a pie at officers while also raising funds for the Pediatric Trauma Program. It'll be a win-win situation!

#### LEMONADE STAND

Having your own lemonade stand may be old, but it's still a golden way to raise funds this summer! Try reaching out to schools or a local college that offers summer courses to see if you and the club that you serve could sell ice cold lemonade on a hot summer day. Just make sure to coordinate how you'll be making all of the lemonade, to set reasonable prices, and to publicize the event well. It'll be a sweet way to contribute to the Pediatric Trauma Program!





## **CANNED FOOD DRIVE**

With healthy living comes healthy eating. Many families do not have access to nutritous foods, especially during the summer months. Work with your local food bank, and possibly even your local Kiwanis Club, to collect canned goods and other nonpersihable foods in order to help feed your community.

## **RECYCLE DRIVE**

Set up a recycle drive as a creative way to raise funds for service and to keep our environment clean! Contact the Lt. Governor of the division that you serve in order to set up a collection day at an upcoming DCM or social. Make sure to bring trash bags, gloves, and recycle bins to help gather all of the donations. Afterwards, just find a ride to a nearby grocery store that accepts recycling for cash and count up all of the donations you'd have. Encourage all members to bring in cans or bottles.



## **HOST A SOCIAL EVENT**

Promote healthy living in a safe setting by hosting a social event for the club that you serve this summer! Host a Summer Olympics dedicated to service, a friendly tournament of games, or even a healthy potluck. There's definitely something for each club to do! Invite Key Clubbers to have some fun in the sun, while also bonding with the club that they serve.