

## CNH | KEY CLUB

Spotlight on Service Guide | November 2022 Edition: Kiwanis Family, CNH!

# spotlight on service KIWANIS FAMILY, CNH!

## WHAT'S BUZZIN' CNH!

Buzz buzz!! I hope you all had fun at you RTC's and Fall Rallys! With the giving season around the corner, this manual will be helpful to coordinate events with the focus, "Kiwanis Family, CNH!"

We hope this guide proves helpful in organizing themed events and/or fundraising events. If you have any questions, comments, or concerns, please feel free to email me at <u>sp.chair@cnhkeyclub.org</u>.

**BUZZIN WITH SERVICE,** 



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#### OHANA THANKSGIVING MEAL

Host a joint (Key Club and Kiwanis) Thanksgiving meal for Children in the foster care system. No one should be alone during the holidays. You could do a Thanksgiving Food Drive to collect the desired items such as:

- ★ Turkeys/Ham
- ★ Pies
- ★ Stuffing
- ★ Potatoes
- ★ Gravy/gravy mix
- \star Salad
- ★ Corn Bread/Bread
- ★ Cranberry sauce

During the event you can also have games, movies, and crafts. Host an event where all leave with full stomachs and hearts.

#### **KEY CLUB TAKE OVER DAY**

Plan with your Kiwanis a day where your Key Club takes over their meeting. You can hold an auction of gift baskets, baked goods, handmade items (paintings, jewelry, etc), and more. In addition, you can have icebreakers and bonding games to get to know your Kiwanians. This event is a great way to build important connections with your Kiwanis clubs and for the members to know who the Kiwanis are.

#### CNH District Service Projects Committee



#### **KIWANIS OHANA EDUCATION DAY**

(Aktion Club, K-Kids, Builders Club, Key Club, Circle-K etc) Hold an education day for your fellow students and invite people from different branches of your local Kiwanis Family. Some ways you can educate people are:

- ★ Posters (like trifolds)
- ★ Pamphlet
- ★ Videos
- ★ Slide presentations

Make sure these education days shine light upon the element of fun across the Ohana!

#### **KIWANIS FAMILY FUN DAYS**

The fun doesn't have to end because the annual Kiwanis Family Fun Day (Oct. 22) is over; Kiwanis clubs across the district hold Family Fun Days monthly. Advertise to your clubs and get members to attend because Kiwanis events are not just for officers! Some events that have taken place in the past are:

- ★ Horse races
- ★ Museum visits
- ★ Zoo visits

Joining your Kiwanians on their Family Fun Days is a great way to connect with your Kiwanians. Plus you get to have lots of fun!

#### CNH District Service Projects Committee

## PROJECT IDEAS

#### **KIWANIS FUN BAGS**

One way Kiwanis clubs promote themselves and gain new members is by making Kiwanis Fun Bags. These bags include the following:

- ★ Meeting info (time, location, days)
- ★ Pamphlets/Kiwanis magazines
- ★ Something fun (craft, puzzle, etc.)

You will be doing a great service to your Kiwanians and your members will learn more about them and gets service hours. It's a win-win situation every witch way.

#### FREE BOOK FAIR

When doing big projects, it's a great idea to reach out to your local Kiwanis Clubs. So one idea is to hold a free book fair for kids. Work with your Kiwanians, schools, and local libraries/bookstores to get book donations. Other items you could have are:

- Stickers
- Little toys/stuffed animals
- Cute erasers
- Mini craft kits/coloring kits

The Kiwanis's main focus is on children. Hence, this project is good for kids who may not have access to many books or who may not be able to get a book at normal book fairs.

#### CNH District Service Projects Committee

## PROJECT IDEAS

#### **HEART/HEATING PADS FOR PEDIATRIC PATIENTS**

When kids are in a lot of pain, heating pads can help ease that pain at times. So one way you can help them is to make heart shaped heating pads. Just microwave them for about a minute and you are good to go! The instructions and supplies are listed below:

- Fabric
- Rice
- Sewing thread, needle, and/or sewing machine <u>Click here for instructions</u>
- Get an old clean pillowcase/bed sheet or new fabric
- Tip: make a happy face on one side of the heart and a sad face on the other side to help kids communicate their feelings
- A sewing machine is ideal. If one is unavailable, a needle and thread will suffice.
- Note: use rice to fill the plushies, not fiberfill. Use about 8 to 10 cups of dry, uncooked rice grains. You could add some flax seeds in there to help retain heat for a longer period of time.

This is a relatively cheap service project that members could even do at home, so take advantage of it.

## FUNDRAISER IDEAS

#### PAINT FOR PEDIATRIC TRAUMA PROGRAM (PTP) - STORE FUNDRAISERS

Partner up with businesses in your town and host fundraisers by painting for PTP. Some businesses you could fundraise with are:

- ★ Pottery painting shops
- ★ Art studios

Have a gourd time painting!

#### CHILDREN'S MIRACLE NETWORK - THANKSGIVING GRAMS

The Children's Miracle Network is an organization that raises funds for children's hospitals. So help them out by selling Thanksgiving Grams at your school! Some things your Key Club can deliver are:

- Candy
- Flowers
- Messages of Thanks

Note: be sure to let people know that they cannot use fowl language.



## SOSP KEY CLUB PARTNERS

#### **ERIKA'S LIGHTHOUSE**

About: Erika's Lighthouse advocates for mental health. By providing educators, students, and parents with the tools to talk about mental health and encouraging students to reach out if they are struggling. They do this by allowing Key Club students to provide mental health presentations to local schools to serve younger students while promoting positive mental health practices.

#### Steps to Get involved:

https://www.erikaslighthouse.org/blog/key-clubs-partner-with-erikas-lighthouse/

#### SCHOOL HOUSE

Schoolhouse is a free virtual tutoring program in which volunteers offer their time to help students with their coursework. Through this program you can apply your academic skills over a variety of courses to help students excel! As an added bonus every district in Key Club International is currently competing in a Tutor-a-Thon with School House. The goal that reaches their tutoring goal first wins and being the largest Key Club District in the world, CNH has the biggest goal of 1,600 life help sessions. We are counting on all of you to help us reach that goal because the sky's the limit for CNH.

Steps to Get Involved: https://schoolhouse.world/key-club

#### CNH District Service Projects Committee

## SOSP KEY CLUB PARTNERS

### CIRCLE K

Circle-K International (CKI) is the college-level branch of Kiwanis International, with clubs spanning hundreds of colleges across five different continents. CKI's motto is "live to serve, love to serve," As such, this organization goes a long way in shaping future leaders and activists. CKI partners with the United Nations Children's Fund (UNICEF), which provides humanitarian and developmental aid to children worldwide. Therefore, this month of Children's Education awareness is the perfect time to reach out to partner with CKI clubs for collaboration so you can make the most significant impact you can as a Key Club towards the shared purpose of benefiting child education.

#### Contact:

Research colleges and universities in your area to find institutions involved in Circle-K.



## SOSP INFORMATION

Your Service Projects Committee promotes International and District initiatives through the CNH Spotlight on Service Program. The Spotlight on Service Program aims to showcase clubs and divisions, as they remarkably serve their homes, schools, and community.

Monthly guides include ideas and guides on how clubs and divisions complete the monthly service initiatives. The service project committee does this by brainstorm a few engaging event ideas for you, your club, and division to build upon. The Spotlight on Service Program would love to receive project submissions (Photos & Description) to showcase in the District Newsletter. Clubs and Divisions will be spotlighted in the newsletter, but only one club/division will be highlighted on the CNH instagram every month for SOSP!

## SOSP SUBMISSIONS

Clubs & Divisions can submit to the form in order to receive recognition, which can be found under the "Spotlight on Service Program" page under the "Projects" tab on the CNH CyberKey.

★ All submissions are due on the fifth of the August month by 6:00 PM (PST) or 3:00 PM (HST)

★ SOSP Submission Form

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Visuals must be sent to sp.chair@cnhkeyclub.org

#### CNH District Service Projects Committee



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