



CNH | KEY CLUB

VOLUME 11 // ISSUE 3

THE BEE TIMES

THE OFFICIAL CNH DISTRICT NEWSLETTER

august



what's buzzin bees!

Welcome to the month of August! Summer has definitely flown by and the beginning of a new school year is quickly approaching. I encourage you to use what's left of summer to **effectively plan for the upcoming school year**. These next few months are going to be hectic with club rush, RTC's, Fall Rally, ACT/SAT's, and college applications, but **take everything one at a time and you'll be okay!** I have full confidence that each and every one of you will be **incredibly successful** in member recruitment, school, and any other endeavors that you may have.

New school year also means new members! Put yourself in their shoes and

remember what it was like to be freshman - nerve-wracking right? Help all your freshmen and new members feel welcomed to attend club meetings, DCM's, service events, and Fall Rally! Introduce yourself, share your personal experience in Key Club, and offer any advice for their future years. Show your **inclusiveness** by being a **mentor and a friend**.

I hope that you all have had a wonderful summer thus far and start this new school year in high spirits. Make sure that no matter what you do, you **take care of yourself first**. Thank you for reading and cheers to a successful term! I wish you the best of luck.



Hanah Shih
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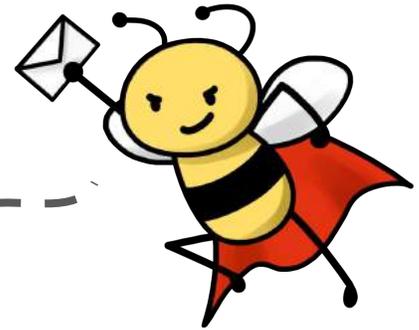
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SPOTLIGHT CORE VALUE

Leadership

Key Club leaders help their members stay motivated, organized, and engaged. A leader is **resilient, confident, communicates clearly, and makes better decisions**. You're already compassionate and contribute to your school. That's why you joined in the first place! Incorporate leadership when you serve your homes, schools, and communities.



LISTEN TO WHAT OTHERS HAVE TO SAY

Every good leader always listens to what others have to say. Listening actively requires you to **concentrate**, understand, and respond to what the other person has to say. **Every officer and member has something to contribute**, so listen to what ideas they have! They want the club to succeed just as much as you do.

BE HONEST

Let's be honest; at one point during the term you'll find some sort of obstacle. Instead of trying to solve it yourself, ask for help from others. Your officers are here to **support you**, so **don't be afraid to ask for help when you need it**. You can also ask members for help too! They are the majority and have so much to offer to your club/division, so utilize them!

CONSISTENCY IS KEY

Being consistent will gain you **respect and credibility** within your club/division, which is essential to the success of your term. Being consistent means **not losing motivation** throughout your term, especially towards the end. I know that it may get tiring as District Convention approaches, but I guarantee you that it's worth it!

SET GOALS

As we begin the new school year, it is important for you to set goals for your term. These next few months are crucial with so many major events, like RTC and Fall Rally. Set goals so you never lose sight of why you decided to be an officer in the first place and so that you don't lose motivation. However, make sure these goals are SMART goals.

FROM YOUR GOVERNOR

hello cnhs

Welcome to August! I don't know about you, but I'm already feeling excited for all the Key Club meetings and events that are coming up! August is the beginning of our wild ride this year, and I have full faith in all the officers to make this year one of the best ones yet! As club rush rolls around, please be ready for surprises from your Lieutenant Governors and District Committees! All of them have been hard at work to bring new things to the district as well as improving our traditional programs! Whether it be training presentations, Spotlight on Service Program, or district contest guidelines, be on the lookout for these opportunities to be more involved in Key Club! In addition, International Convention (ICON) 2019 took place last month on July 2-6th. As an ICON first-timer, the convention **expanded my**

understanding of Key Club tremendously. ICON allowed me to gain inspirations from other districts, meet people from around the world, and speak at the House of Delegates to influence bylaws changes that can impact Key Club for years and decades. I cannot stress how phenomenal of an experience it is, and for all you CNH bees out there, **ICON 2020 at San Francisco** is something that you DON'T want to miss! I look forward to seeing all of you there!



Chuofan Yu
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FROM YOUR TREASURER

greetings cnh

Summer is almost over for all of us, but our adventure has just begun. As the school year begins, **it's imperative that we all work together to do our best to recruit the next generation of Key Clubbers.** The more members we have, the more hours we will serve. Make plans for club fair and any other school activities that allow you to promote this wonderful organization. Hopefully we can reach our goals by the end of the year.

We are only one month away from being able to pay dues. Please be sure that your club knows the ins and outs of what needs to be done in order to successfully pay dues. This would include getting the Membership Update Center login information from your faculty advisor or previous club officers, planning when you are going to

submit your first batch of dues, and working out the money collection process within your home club. It is imperative that we advertise the importance of dues and do our best to increase the membership within this district. **Please remember that you can pay your dues ANYTIME within the year.** All that matters is that every member is accounted for.

In addition to dues, please also remember to send money into the district for the Pediatric Trauma Program. Our goal this term is \$260,000! No funds are recorded unless they are sent to the District. The form to submit money can be found on the CyberKey! That being said, happy fundraising CNH! I can't wait to see you all in the fall.



Kristie Poon
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FROM YOUR SECRETARY

happy service, cnh!

Welcome to the month of August. For some of you, summer may be ending, meaning that the school season is already upon us. As the school season comes upon us, **set more goals for yourself, and be cognizant of the goals you have set earlier in the term.** Utilize a calendar or bullet journal, listing all your Key Club events and meetings, homework and test dates, and so much more. Continue to plan proactively and look forward to progression in your goals. When taking one step at a time towards your goals, you'll soon realize one day, that you have achieved them or are close to achieving them. Now that school is in session for many of you, I highly encourage you to think about member recruitment. 41,500 may seem like a daunting number, but with active advertising of Key Club during club rush, we'll maintain progress towards this goal. Whether it be creating a fancy tri-fold board, or through school-wide announcements, you have the freedom and

power to leave impacts during this term. Don't forget **Key Club is more than a social organization** - while all of us have created the most meaningful friendships through this organization, it is because of the service that we do together. The **"Friendship through Service"** mentality is the way to go, and I truly encourage you focus on this mentality, in addition to our district goals. With the fall season upon us, remember that **\$260,000 raised for PTP** is our fundraising goal. And it all starts with you - the wonderful members in our district - that we are able to meet this goal, in harmony through service through friendship. I wish you the best of luck for the upcoming school year, and I cannot wait to meet you at your respective Fall Rallies and training conferences.



Lawrence Guittap
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FROM YOUR INTERNATIONAL TRUSTEE

hello bees

My name is Indigo Parlin and I am so excited to serve as your 2019-2020 International Trustee. This year, your sistricts will be Carolinas and Minndak! Currently, I am an upcoming senior at Greeley Central High School in Colorado (go Rocky Mountain!). I love dancing, playing the piano, math, and Key Club!

As an International Trustee, I will not only serve my lovely sistricts, but also the International Opportunities Committee. This committee is dedicated to strengthening our relationships with our partners and preferred charities, increasing accessibility to and grading the YOF, and revamping our Kiwanis Service Leadership Programs. This year, we will be focusing on fundraisers and campaigns for UNICEF, so look forward to that! This committee is also assisting me with my platform initiative to create resources for clubs working with our preferred charities. If you

have any questions about the International Opportunities Committee, don't hesitate to reach out! I am so excited to work with CNH this year. I admire your spirit, leadership, commitment to service, and the strength in numbers found when we work together to change our world. As always, don't hesitate reach out to me! The International Board hasn't received our Key Club emails quite yet, but you can always reach out to my personal email, indigonile588@gmail.com or Instagram @indigoblu.e. L-O-V-E love you all!



Indigo Parlin
indigonile588@gmail.com

INTERNATIONAL *convention*

CHUOFAN YU | DISTRICT GOVERNOR | DIVISION 27 NORTH

ICON 2019 was an experience like no other. Quite frankly, I did not know what to expect walking into a convention of Key Clubbers who are from almost everyone in the world. However, I quickly learned that, although we may come from different backgrounds, at the end of the day, we are all service-driven. At ICON, I heard about outstanding and meaningful service projects done by many Key Clubbers, witnessed the hectic but insanely fun pin-trading culture, and met the incoming International Board. The convention itself contained educational workshops that had rarely been done in CNH before, ranging from fun ones (karaoke) to serious ones

(parliamentary procedure). Outside of the scheduled convention time, we had plenty of time to explore the city, try new food, and watch the stunning Fourth of July fireworks. The highlight of my trip was House of Delegates where we debated controversial topics such as changing the Key Club pledge and other impactful business in the International bylaws. It was an honor to witness such historical moments where changes are made for a long time. As ICON will be taking place at San Francisco in 2020, I highly encourage all of you reading to try to attend! Start fundraising with your home club now! This is an opportunity that you definitely don't want to miss!



AL



ALI AL-SALEEM | DIVISION 30 SOUTH LTG

"CNH don't mess, CNH don't play, CALI NEV HA, we say we slay, NEVER DELAY!" Those were the words I continued to hear as the 73rd International Convention took place from July 3 to July 6 in Baltimore, Maryland and as the CNH District brought on the Buzzin' Bee Spirit! Just like how our own District has DCON in April, Key Club International hosts its ICON (International Key Club Convention) in July and luckily, I was able to attend with the help of Division 30 South (Shoutout to every sun reading this, I love you). I never truly realized how truly International Key Club is until I attended ICON because I was able to meet and trade pins with Key Clubbers across all of the United States, the Bahamas, the Caribbean, and Canada; not only that, but I also learned that the Key Club International Board and Kiwanis International are joining forces to officially start Key Club in the Philippines and Taiwan, which is incredible news since Key Club will be expanding overseas. To give you an overview of ICON, attendees and delegates attended workshops everyday and attended General Sessions where everyone came together to listen to Guest Speakers, the International Board and just like at DCON, enjoy a spectacular Talent Show. However, if

you were to ask me what I enjoyed the most during my time at ICON, I would say being a delegate at the House Of Delegates and uniting with the rest of the CNH District while supporting one of OUR OWN current International Trustees, Irin Shim, as she ran for office. At the House of Delegates, all of the Delegates voted on proposed Amendments to change some of the bylaws and norms of Key Club, which were proposed by the Key Club International Board and where the Delegates also voted on the resolution to change the Key Club Pledge. Let me just say that the debates got extremely fierce and spicy, which was very entertaining to be a part of, but it also helped me realize how diverse Key Club is in terms of people's perspectives and opinions. Lastly, supporting Irin Shim as she ran for International Trustee was one of my favorite parts of ICON because I really saw our District unite together to keep pushing Irin towards the end goal. Getting a CNH Key Clubber on the International Board has always been a goal of ours and we were all so eager to make the 73rd ICON THE one where we accomplish that goal. I encourage every single one of you to attend next year's 74th Key Club International Convention in San Francisco, CA to experience an unforgettable Key Club experience!

“AN EXPERIENCE I’LL NEVER FORGET.”

NICOLE NGUYEN | DIVISION 27 SOUTH LTG

ILENE THAOPRASEUTH | DIVISION 13 SOUTH LTG

From trying to find the rarest pin of them all (the Carolinas pin), to riding scooters all over the city, and even eating Chick-Fil-A three days in a row, ICON 2019 was a truly memorable experience! I’ll never forget the memories I made from listening to the candidates give their speeches during the Caucus session. I will always admire the candidates who were able to give their speeches 3 times in a row without faltering, and

those who stayed in the caucus room for 5 hours straight without having to go to the bathroom. From meeting the different candidates during Meet N Greet and sitting through House of Delegates arguing about each amendment. Overall, I’ll never forget the memories I made with the UnforgettaBEES during the 4 days of ICON and of course the District Tour.

A well seasoned Key Clubber will know this to be true: every event is always more amazing than those prior. While this was my first, and last, International Convention, I am certain that it was one of the best events of my Key Club career. Since I attended this event post-graduation, I was able to view it in a very unique way. Rather than seeing people that I had known for years, most attendees were all foreign to me. I walking into ICON without knowing most attendees, and I witnessed their passion and love for one another as an outsider. ICON was an event that made me remember why I started Key Club in the first place, the community. Every attendee loved spending an unfiltered week with one another, and because of their inclusiveness it wasn't long before I was no longer the outsider, with each attendee making it a priority to include me in their ICON family.

This event is truly like no other. Being that you meet people from all over the world, it highlights that at the end of the day Key Club really is just an extremely large and diverse group of high schoolers who find a commonality in their need to make a difference. While all districts were extremely unique, they were all incredibly welcoming. ICON itself has its own unique culture. From attendee created memes on the ICON app to district pin trading, this event has a culture like none that I had attended in the past.

I believe the most inspirational moment to be when CNH, and 66% of ICON attendees, made a decision that will change our organization forever. In 1925, the first key club was founded at Sacramento High school. This organization joined the Key Boys within this school, allowing them to perform community service. Please take emphasis on the word boys. In 1925, females were not allowed to be members. Luckily, our organization recognized that times have changed, we have evolved and our original regulations were no longer acceptable. Thanks to our foresight, in 1977 we voted that girls would be allowed in Key Club. And at ICON 2019, we made another big step towards a more equal Key Club, removing God from the Key Club Pledge. This ICON was literally one for the history books.

So whether it be because of the extremely welcoming social atmosphere, the ability to make friends from across the world, or even the chance to vote in the House of Delegates, I highly recommend this event to all Key Clubbers. Thank you California-Nevada-Hawaii for making my final event one of my best. Key Club I will always love you.

**DIEGO ANDRADES | DIVISION 7 SOUTH
IMMEDIATE PAST DISTINGUISHED LTG**



ICON RECAP | ELECTIONS

INTERNATIONAL PRESIDENT | K'LENA SCHNACK | NEBRASKA-IOWA
INTERNATIONAL VICE PRESIDENT | KAITLIN CIRILLO | NEW JERSEY

INTERNATIONAL TRUSTEES:

CAROLINA BUSHNELL | ROCKY MOUNTAIN
RILEY FENG | WISCONSIN-UPPER MICHIGAN
ALEXIS HENRY | FLORIDA
AMINHAM LOBSTER | MISSOURI-ARKANSAS
CONRAD NGUYEN | NEW ENGLAND AND BERMUDA
BRANDON ORICK | PACIFIC NORTHWEST
INDIGO PARLIN | ROCKY MOUNTAIN
HANNAH POVROZNICK | WEST VIRGINIA
IRIN SHIM | CALIFORNIA-NEVADA-HAWAII

ICON RECAP | NEW PLEDGE

For the first time in Key Club History, the pledge was modified to make it more **inclusive**. The new pledge is as follows:

"I pledge on my honor to uphold the objects of Key Club International; to build my home school, and community; to serve my nation and the world; and to combat all forces which tend to undermine these institutions."

ICON RECAP | RECOGNITION

AWARD	RECIPIENT
Distinguished Governor	Jonathon Lum
Distinguished Treasurer	Kara Yoshiyama
Distinguished Secretary	Zoe Yao
Distinguished Editor	Jenny Chen
Single Service Award: Silver Level	Hilo High School Division 22 Makai 1st Place
Club Video Award	Sheldon High School Division 7 South 2nd Place
Diamond Distinguished Club	Alameda High School Division 2 South Cloverdale High School Division 32 Farrington High School Division 22 Hikina Hilo High School Division 22 Makai Montgomery High School Division 32 South San Francisco High School Division 34 North Waiakea High School Division 22 Makai
Robert F. Lucas Outstanding Lt. Governor	Tina Lin, Vivian Luong, Emily Ngo, Victoria Chen, Diego Andrades, Hanna Von, Michelle Wang, Sabrina Huynh, Chloe Dang, Kaitlynn Lee, Jessica Lee, Gerard Legaspi, Ethan Lee, Jessica Ortega, Emily Tran, Ryan Cometa, Jared Keating, Eloise Belandres, Ryan Lieng, Lawrence Guittap, Charlene Tan, Katie Clewett, Courtney Jane-Sanchez, Justin Tang, Eunice Nguyen, Chuofan Yu, Daniel Chong, Katrina Orevillo, Anjika Morari, Kristie Poon, Sadhana Sarma, Bill Yen, Tam Dao, Irin Shim, Mimi Mayer, Michelle Le, Scott Yuki

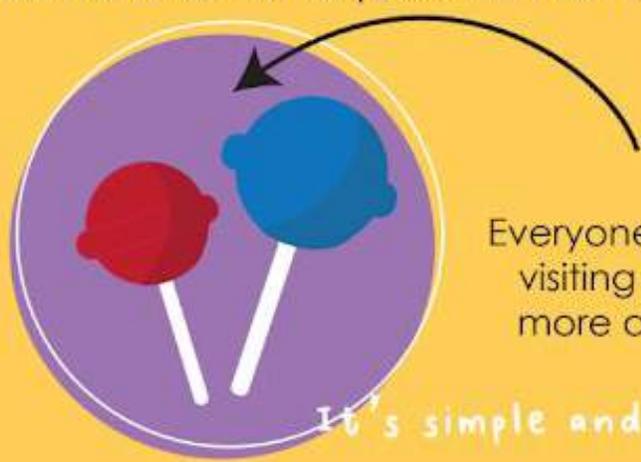
a guide to CLUB RUSH



WHAT IS CLUB RUSH? Club Rush is an event held every school year where different clubs set up booths explaining what the purpose of their club in order to recruit new members! It is *HIGHLY* important that Key Club officers are prepared for club rush because it is a great opportunity to gain new members into their beehive!

WHAT MAKES US DIFFERENT?

How does Key Club stand out from other clubs on campus? Embrace what makes this organization unique by showing that Key Club spirit! Wear spirit gear to school, bring spirit sticks, and don't BEE afraid to scream out some cheers so that it will capture the attention of potential members!



INCENTIVES NEVER HURT!

Everyone loves free stuff! Give students a little treat for visiting your booth so that it will attract them to learn more about Key Club! This can range from free food to Key Club merchandise such as buttons!

It's simple and cheap to give out candy!

EFFECTIVE MARKETING IS KEY!

ADVERTISE ALL OVER SCHOOL! Create posters and tape them up across the campus, make different posts on social media platforms, design geofilters, pin random students with social media usernames, create a "I JOINED KEY CLUB" sign, and possibly ask for a little shoutout in your school's newspaper.



Photo Credits: Loara Key Club (D305)



a guide to CLUB RUSH

(CONTINUED)

KNOW WHAT YOU'RE TALKING ABOUT

Why did you join this organization in the first place? What does this club has to offer that is so special? As an officer, you have to convince new members that Key Club is not a club they want to miss out on. Remember to emphasize the benefits of joining Key Club and share your Key Club moments with students! Also when someone asks you questions you have to be ready to give them the answer.

BEE PREPARED!

Make sure you have everything you need on the big day. Create multiple sign up sheets because one is never enough. Organize crucial information, such as paying dues and fun events like Fall Rally, on a brochure or trifold poster board so it's easier to understand! It's also a good idea to plan out icebreakers to engage with the students!



Photo Credits: Franklin Key Club (D7S)

WHY SHOULD I JOIN KEY CLUB?

Key Club is a student-led high school service program sponsored by Kiwanis International. From cleaning parks to tutoring kids to fundraising for The Eliminate Project, our members actively care about our communities. Because we're a student-led organization, we also have leadership opportunities ranging from your school club to the international level. Basically, we're a group of super cool and friendly students, and together we can learn so much about our communities and ourselves. If that's not enough to convince you, here are

10 REASONS TO JOIN

ONE GET SERVICE HOURS IN The officers and advisers of each club actively seek out volunteer events!	TWO MAKE NEW FRIENDS Spend time with people who have the same passion for service as you do!	THREE LEADERSHIP SKILLS Running for office, leading projects, and being involved will make you a better leader!	FOUR SAVE LOTS OF BABIES Fundraise for The Eliminate Project to minimize maternal and neonatal tetanus.	FIVE B-FAMILY CONNECTIONS Work with Kiwanis Family members of members of all ages, from toddlers to seniors.
SIX SUPER COOL CONVENTIONS Have a blast going to workshops, dances, and meeting people from all over the world!	SEVEN GOOD FOR RESUMES Key Club will give you communication and skills that will impress employers and college!	EIGHT SPIRIT BATTLES Come up in spirit time and show your school spirit to show Key Club pride!	NINE SCHOLARSHIPS Passion and dedication to service and Key Club can pay off when you're a senior!	TEN YOU WON'T REGRET IT. Honesty, and why not? Step outside your boundaries. Show you care. Make a DIFFERENCE.

IMPORTANT FACT: CNH's membership has been declining over the past few terms. THIS IS NOT A TREND WE WOULD LIKE TO SEE! Take advantage of club rush and make members' Key Club experience memorable so that they want to stay! Good luck!



CNH | KEY CLUB

What is DCON? | District Convention 2020

Elect your next
District Executives!

Meet people from
all over CNH!

Celebrate this year's
hard work!

Service is Out There!

March 13th-15th, 2020

Grand Sierra Resort
Reno, Nevada

Dance the night away
at Governor's Ball and
karaoke!

Keynote Speaker!

Attend Workshops!

CNH District Convention Committee

Chair Michelle Le | cnhkc.dcon@gmail.com



Children's Miracle Network Hospitals



What is the Children's Miracle Network?

The Children's Miracle Network is a nonprofit organization that raises money to benefit hospitalized kids while increasing awareness of its member hospitals. All CMN contributions directly benefit hospitals, helping to purchase up-to-date equipment, train staff, conduct life-saving research, implement outreach programs and provide health care for children whose parents can't afford to pay.

What is its Importance?

The Children's Miracle Network provides family-centered care for more than 111,000 annual patients through expert medical care, support during recovery, training the next generation of pediatric experts, and conducting research to find better treatments for childhood illnesses. Children's Hospital Los Angeles is home to The Saban Research Institute, one of the largest and most productive pediatric research facilities in the United States. Children's Hospital is also one of America's premier teaching hospitals through its affiliation since 1932 with the Keck School of Medicine of the University of Southern California.

How can we lend a Hand?

Promote

- Support safety campaigns or parent education programs.
- Post about the Children's Miracle Network and educate others.

Fundraisers

- Host a Dance Marathon.
- Host a Car Wash.
- Host a Bake Sale.
- Host a Beauty Talent Show.
- Pennies for Patients.
- For more ideas visit: <https://tinyurl.com/CMN-fundraisingideas>

Donate Items

- Provide toys and dolls for kids going through trauma.
- Contribute to or create video, toy, or book lending libraries or playrooms.
- Purchase specific pieces of equipment.



Leslie Cheng

I ended up only being accepted at UCs, and UCLA was "the best" ranking-wise, so I committed to it. I actually applied as a Cognitive Science major, but I realized I can't do CS, so I changed my major to pure Psychology at orientation. I also added an Asian American Studies minor a couple months ago after taking some life-changing classes.

How did you decide what university to attend and what studies to major?

What organizations are you involved with in college?

I'm involved in Circle K, Psi Chi, a psychology-related honor society, and Resilience Peer Network, which trains us in peer counseling skills such as active listening.

I was so used to going to school from 7am-2:40pm five days a week, and having everything else taken care of for me. Now, I have the freedom to do a lot more, but with that comes a lot of responsibility. I can take impromptu adventures to the Getty, but I also have to pick my own classes and hope I'm still on track to graduate.

What is one major difference between High School and College life?

What do you wish you knew before entering freshman year of college?

It was a really big transition from high school to college for me, and it was difficult at times. My relationships with people from high school were changing, my environment was changing, and I myself was changing. Since then, I've realized that hey, change is a part of life. The transition between high school and college is one of the biggest changes of life, but just remember that everyone around you is going through it!



Justin Teng

How did you decide what university to attend and what studies to major?

I decided to attend UC Berkeley because it is the #1 public university in the world, public institutions such as Cal offer its students a diversity of perspectives that private institutions such as Stanford cannot due to the latter's socioeconomic exclusivity. I majored in Political Science, the field has been my academic passion ever since high school.

At Berkeley, I was the president of the Political Science Honors Society, Pi Sigma Alpha. The organization holds an important position on campus at Cal, especially considering Cal's reputation nationwide for its political identity. We collaborated with other campus organizations such as the Career Center to help political science majors figure out their future academic careers.

What organizations are you involved with in college?

What is one major difference between High School and College life?

In college, students have complete freedom in regards to academia. Students must have excellent time management skills and self-discipline in order to succeed in college. There won't be a person there to tell you what to do, when to do it, and how it should be done, students must figure it out on their own, or at the very least seek help when needed. Students will be interacting mostly with Graduate Student Instructors. It is up to the student to attend office hours and talk to the professor about class content or other opportunities.

I wish I knew the importance of balancing school life with social life, often times students become burned out after a couple semesters at elite universities such as Cal considering the increased competitiveness of these institutions. It is immensely important that students learn to destress in a healthy manner.

What do you wish you knew before entering freshman year of college?





CNH | KEY CLUB

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The mission of the Kiwanis Cal-Nev-Ha Foundation's Pediatric Trauma Program (PTP) is to develop local projects which will decrease the number of children in our three-state District who are killed or injured by trauma, making sure all children live happy, healthy and safe lives.

**MI
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Partner Hospital Program

How does the CNH Foundation Impact the Hospitals?

The California-Nevada-Hawaii Key Club Foundation impacts the hospitals in many ways. The primary form of support is through fundings. These donations from the Districts' Foundation helps to pay off expenses that the hospital has, covers equipment that is necessary for doctors and patients, and expanding community outreach programs. This ensures that all patients and members of the community are up to date on important information, dates, and events that helps to promote awareness for diseases or coping with the trauma that patients go through when fighting for their life.



- Children's Hospital and Research Center Oakland
- Rady's Children Hospital
- Renown Health
- Children's Hospital of Central California
- Kapi'Olani Health Foundation
- Loma Linda University Children's Hospital



Camp Cedar Glen

What Is It?

Camp Cedar Glen is one of the many campsites of the Key Leader Program, which takes place from October 18-20, 2019 offered by the Kiwanis Youth Development and Support Club (KYDS) of San Diego Foundation. It gives students an opportunity to grow as a leader and to experience what it is like to be one. You will stay in a cabin in Julian, California and learn more about leadership while enjoying a wonderful weekend! People have called it life-changing, and an overall wonderful experience.

Logistics

- **When:** October 18-20, 2019
- **Where:** 743 Farmer Rd, Julian CA 92036 - Camp Cedar Glen
- **Cost:**
 - Student Participant: \$250
 - Student Facilitator: \$200
 - Adult Chaperone: \$200
- **Websites:**
 - Facebook Group: <https://www.facebook.com/groups/52057687969>
 - Official Website: <https://cedarglen.cnhkeyleader.com/>

HOW TO: Become a Student Facilitator

What Is It?

If you are going into 11th OR 12th grade (AND HAVE PREVIOUSLY ATTEND Key Leader), you can apply to be a Student Facilitator at Camp Cedar Glen. This will allow you to only have to pay \$200 INSTEAD of the regular \$250. Again, you can register for either using the following link: (<https://cedarglen.cnhkeyleader.com/>) You will participate in special events, among other things!

How and Why to Apply

- Use the following website to Register for Camp Cedar Glen:
 - <https://cedarglen.cnhkeyleader.com/>
- Use the following link to apply for Student Facilitator:
 - <http://bit.ly/KeyLeaderFacilitator>
 - Submit by September 18, 2019 to be considered.
- Assuming you apply, you get to pay \$50 LESS if you are chosen to be a Student Facilitator.
 - You will find out if you become a Student Facilitator at LEAST 2 weeks prior to the event.
- You have the opportunity to participate in very fun student activities.



HOW TO:

Receive Sponsorships

Why (and How) Should I Ask?

Kiwanis Clubs, which sponsor most Key Clubs, are usually more than happy to sponsor students that would like to go to Camp Cedar Glen, let alone any Kiwanis Key Leader event. All you have to do is ask them. Kiwanis Clubs usually have a small portion of their budget which goes solely to students that would like to use it for Key Club.

Talk with the President of your Home Club, your Lieutenant Governor, or your Faculty Advisor about how to get into contact with your sponsoring Kiwanis Club. Try to attend one of their meetings, or one of their DCMs. Ask them in person if they would be willing to pay for a portion of the payment to attend Camp Cedar Glen. Tell them what it's for, and why it would be beneficial to you, and be polite. 9 times out of 10, the sponsoring Kiwanis Club will help you out!



Kiwanis

KEY LEADER

Kiwanis Clubs of California, Nevada and Hawaii

integrity growth respect community excellence

Stay Connected with Kiwanis

How can you get Involved?

Most of it is just keeping in touch with your local Kiwanians!

- Be aware of the Kiwanis family branches near you
- Attend sponsoring Kiwanis meetings/DCMs
- Promote and attend collaboration events
- Reach out to ask if your sponsoring Kiwanis Club needs help
- Introduce yourself to Kiwanians in person while you are at an event
- Invite Kiwanians to your meetings and events
- Provide updates on activities happening within your home club



Benefits



Why is it beneficial to reach out?

- Provide new resources and connections
- Serve as a support system in times of need
- Sponsor for trips, events, and projects
- Help charter new Kiwanis family clubs
- Host collaborative service projects
- Apply for scholarships offered through Kiwanis International, district, and clubs

Did you know...
Kiwanis sponsors all **6**
branches of the Kiwanis
Family!

#MyKeyClubStory



Sarvesh Krishan
D44N Ninjas



Why did you join Key Club?

I joined Key Club because one of my close friends told me about it in the summer before my freshman year of high school. Of course, I asked the timeless question too! "Do they make keys? Is it a piano club!" I never heard of Key Club before, but a service oriented club had me interested. I wanted to give it a shot since I knew the other clubs on my campus weren't my cup of tea. So I grabbed a few friends and went to the second general meeting of the 2017-2018 term, and I'm so glad I did.

What was your Key Club Moment?

My Key Club was a joint event between my home club, Woodcreek, and our buddy club, Antelope Key Club. We made blankets using fabrics to donate to children to hospitals, but not only it became my Key Club moment because of the noble cause, but because of the atmosphere. I was making my blanket with my friends, but I took a moment to look around me. I saw people having big smiles on their faces, laughing like there was no tomorrow and serving with their hearts content.

Who is your Key Club role model?

Where do I even start, I could say a lot of great things about her, but people say that you don't remember a person for who they are, rather you remember how they make you feel. She's the epitome of what it means to be a Key Clubber. Her passion to have everyone feel wanted, engaged, and feel like they belong is something I admire deeply about her. Every moment with her makes me feel like I'm apart of something bigger than just myself, a family, an Ohana where people care even if it's a small gesture such as saying HEY! at a DCM. I served as DNE alongside her, and now I serve with her as an Executive Assistant, but most important of all, I have the honor to serve Natalie Ang as a friend.

What is your best advice for new members?

Make it count. Key Club wasn't just the biggest student led service organization in the world, it's a key that opened many doors to meeting new people and creating bonds that you'd never think you'd have. Key Club allowed me to bond with my group of friends, it gave us an opportunity to hang out while serving our communities, and I've also met so many amazing people through this organization that honestly, I'd be pretty sad without so join Key Club with an open mind and don't be afraid to let loose because you really don't know what to expect.

REGIONAL TRAINING CONFERENCE

As the school year begins all around CNH this month, there's one event that we should all be looking forward to: RTC! RTCs are training events that help you learn the basics of Key Club: what we stand for, how we serve, and how **YOU** play a part in our mission.

Here's three reasons why YOU should attend your local RTC:

OPPORTUNITY

RTCs offer some of the best opportunities to connect with service organizations and volunteer networks around your community! If you're looking for new and interesting ways to serve your community, come to an RTC!

FELLOWSHIP

While events like Fall Rally and DCON allow you to network with people all around Cali-Nev-Ha, your local RTC allows you to build strong friendships with the people in your local area! These local friends will be your biggest supporters in your Key Club journey.

EDUCATION

RTC is, first and foremost, an event that revolves around education. There's many things to learn about this club, from its history to its many leadership opportunities. If you're curious about the many ways you can get involved in Key Club, and how it can enable you to reach new heights in your high school career, come to RTC!



MEMBER RECOGNITION COMMITTEE



contests overview

district contests

DUE JANUARY 25, 2020

DISTINGUISHED PRESIDENT	MARVIN J CHRISTIANSON
DISTINGUISHED VICE PRESIDENT	SANDY NININGER
DISTINGUISHED SECRETARY	CLUB NEWSLETTER
DISTINGUISHED TREASURER	DIVISION NEWSLETTER
SINGLE SERVICE	MAJOR EMPHASIS
CLUB POSTER	CLUB VIDEO
YEAR IN REVIEW	DIGITAL

additional deadlines

TALENT AUDITION DUE JANUARY 20, 2020

REGISTER FOR CLUB/DIVISION WEBSITE BY SEPTEMBER 15, 2019

YEAR IN REVIEW TRADITIONAL/NON-TRADITIONAL DUE AT DISTRICT
CONVENTION, MARCH 13

division contests

DUE ACCORDING TO YOUR RESPECTIVE LT. GOVERNOR

ADVISOR OF THE YEAR	MEMBER RECOGNITION PROGRAM
MEMBER OF THE YEAR	MOST IMPROVED CLUB
CLUB ATTIRE	CLUB OF THE YEAR

More information about all of the contests above can
be found at: cnhkeyclub.org > recognition > contests.



MEMBER RECOGNITION COMMITTEE



reflector group

Tip #1

Register club/division websites by **September 15, 2019!** They can be improved over the next 4 months!

Begin planning a service event to submit for the **Single Service** or **Major Emphasis Project** contest!

Remember: It is never too early to start!

Want to get email updates on contest deadlines and tips?

Join the Member Recognition Reflector!

<https://tinyurl.com/MRReflector1920>



INTERNATIONAL

recognition

Distinguished Governor: Jonathan Lum

Distinguished Treasurer: Kara Yoshiyama

Distinguished Secretary: Zoe Yao

Distinguished Editor: Jenny Chen

Single Service Award; Silver Level: Hilo High School, Division 22 Makai, 1st Place

Club Video Award: Sheldon High School, Division 7 South, 2nd Place

Diamond Distinguished Clubs:

Alameda High School, Division 2 South

Cloverdale High School, Division 32

Farrington High School, Division 22 Hikina

Hilo High School, Division 22 Makai

Kauai High School, Division 22 Makai

Montgomery High School, Division 32

South San Francisco High School, Division 34 North

Waiakea High School, Division 2

introducing the new
INTERNATIONAL BOARD

INTERNATIONAL PRESIDENT

K'lena Schnack (Nebraska-Iowa)

INTERNATIONAL VICE PRESIDENT:

Kaitlin Cirillo (New Jersey)

INTERNATIONAL TRUSTEE:

Caroline Bushnell (Rocky Mountain)

Riley Feng (Wisconsin-Upper Michigan)

Alexis Henry (Florida)

Aminham Lobster (Missouri-Arkansas)

Conrad Nguyen (New England & Bermuda)

Brandon Orick (Pacific Northwest)

Indigo Parlin (Rocky Mountain)

Hannah Povroznick (West Virginia)

Irin Shim (California-Nevada-Hawaii)

Rachel Zhang (Minnesota-Dakotas)

GOODBYE LETTER FROM I.P. INTERNATIONAL TRUSTEE

Me 'Shale Sherwood



Please tell us 2 truths and a lie about yourself!

Two truths and a lie about me respectively are I have a special tea I drink every morning, I have been in Key Club for 7 years and I hate yellow.

What are 3 fun facts about yourself?

Three fun facts about myself are that I teach dance, I love driving and I will forever be in the brightest colours known to man.

Please say a few words about your Key Club experience and your departure with CNH!

"My CNH experience was like no other, it was so similar to home but yet so different, the climate and environment, both of the surroundings and Key Club members were just like home but the size and the Key Club culture was something I've never seen and I'm so happy I was blessed to serve and see it first hand. Every single thing you all embody is exceptional and deserves to be spread across the world for all to see. I am happy that I spent this year with you learning and growing from you all and as I depart I keep in mind that if you love something you must set it free, so with my undying love for you and Key Club International I must set you free and move on until it is time for me to come back because, Key Club and I are truly meant to be. Thank you for everything CNH, I will forever love and admire you to the end of time."

SPOTLIGHT ON SERVICE PROGRAM

Health & Safety



Dana Point Beach Cleanup

Tesoro Key Club | D04S | R03

"While searching for a beach to clean up, I found the Ocean Institute website, which offers cleanup opportunities and provides the materials to do so. After picking a date, I asked the president of my club to advertise this project on Remind. During the actual cleanup, volunteers just had to follow instructions given by people who worked at the Institute. This project unified volunteers who hadn't known each other very well, and the amount of plastic littering on the ground was eye-opening. I feel like this project gave perspective on how careless actions can affect the environment. Though the project was successful, I wish we brought more volunteers and advertised it more, because I think others could have benefitted from this experience."

CNH Service Projects Committee

Chair Melissa Cabana | cnhkc.sp@gmail.com

Pana'ewa Zoo Clean-Up

Waiakea | D22M | R18

"Our club helped our sponsors, the Kiwanis of East Hawaii, with their Pana'ewa Zoo Clean-Up Project. We just needed members who were willing to get down and dirty to clean the zoo. This project was really successful! Our members helped with weeding the area and planted new plants such as sugarcane, ti leaves, and other varieties of plants. This was very important as it beautified that area in the zoo. We also got to collaborate with our local Kiwanis."



RECOGNITION

Special Thank You to these Key Clubs for submitting to the June Spotlight on Service Program: Health & Safety

Westminster Key Club | D04N | R03

Hilo Key Club | D22M | R18

Mountain View Key Club | D34S | R17

Middle College Key Club | D27N | R16

CNH Service Projects Committee

Chair Melissa Cabana | cnhkc.sp@gmail.com

AUGUST

SPOTLIGHT ON SERVICE PROGRAM

"Children's Education"



● **Educate!**

Use the resources you have to educate your members and communities about how to help out schools and improve children's education!

● **Fundraise!**

Hold school supply drives, raise funds to purchase books, and collaborate with other organizations to help kids in need.

● **Get involved!**

Volunteer at schools, child development centers, the local Boys & Girls Club, tutoring, and so much more to help the children in your community thrive in education!

**Make sure to check out the July Spotlight on
Service Program Guide for more information!
Cnhkeyclub.org > Projects > Spotlight on Service
Program**

CNH Service Projects Committee

Chair Melissa Cabana | cnhkc.sp@gmail.com

WHO ARE THE **KEY CLUB** INTERNATIONAL PARTNERS?

partners

These following organizations share and support the Key Club International Mission Statement. They have access to Key Club members to advertise events and organizations.



SQUADS ABROAD
A KEY CLUB PARTNER



preferred charities

These are the charities that Key Club International puts emphasis on. In addition to this, CNH also donates to the Pediatric Trauma Program.



Children's
Miracle Network
Hospitals



collaborative partners

These organizations also share and support the Key Club International Mission Statement and we collaborate with them.



YOUTH OPPORTUNITY FUND



WHAT IS IT?

The Youth Opportunity Fund is a fund for Key Club International held within the Kiwanis International Foundation. The fund uses earned interest to **support Key Club and Key Club members** serve the world by **providing grants for service.**

APPLICATION SUBMISSION PROCESS

Access the application on the CNH Cyberkey or keyclub.org.

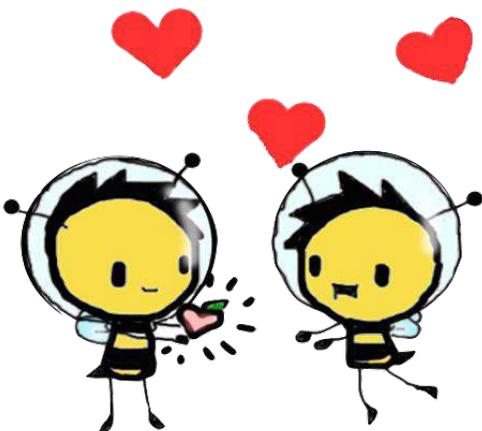
Make sure that you collect ALL signatures or it will be rejected and that it is submitted on time. The application must be submitted via the online application system on the Key Club International website. Include a detailed description of the service project.

IMPORTANT INFORMATION

There is only **ONE funding cycle per year** and the application must be received BY **October 15 at 11:59 PM** Eastern Standard Time.

HELPFUL TIPS

- Do NOT procrastinate. Take advantage of the free time you have left to get started on that application!
- Make sure you are detailed and you elaborate on the service project. Make it “fluffy”
- Make sure that you get someone to look over it for you. Often times, they’ll catch mistakes that you haven’t noticed.
- Take this application seriously and try your best!



july division recognition

Hello cnh ldfjlakjdf;kajdf;alkdjf

dfladflkjdf;ja;dfjk;sdfjka;dfj

MEMBER RECOGNITION CHAIR

QUEENIE LAMB



DIVISION	CLUB	MEMBER	OFFICER	FACULTY	KIWANIS
2 North					
2 South	Arroyo	Marco Wong	Brandon Gee	Jeffrey Smith	Vonnah Bagner
3 North	Crescenta Valley		Anahita Ahmadi	Kevin Henry	Patricia Larrigan
3 South	Glendale	An Nguyen	Rachele Batac		
4 Central	Northwood	Pria Chawla	Yuna Cook	Crystal Le	Bob Miller
4 East					
4 North	Rancho Alamitos	Maria Pham	Vivian Du	Brittney Holt	Kathy Kendrick
4 South	San Juan	Vlad Vorkushy	Hayley Chung	Tim Garrity	David Helman
4 West	Marina	Jenny Phan	Nicole Nguyen	Lynn Chuang	Eric Rivas
5 North					
5 South					
7 North					
7 South					
8					
10 North	South Pasadena	Coleman Hwong	Nathan Wang	Florence Lee	Isabel Wu
10 South	Alhambra	Chloe Wang	Olivia Pham	Rachel McInnis	Patricia Foltyn
11	Crawford	Raffi Flores	Joshua Sagisi	Evangeline Jones	Melanie Ellsworth
12 East	Independence	Diana Pham	Suryabhan Mohapatra		
12 South	Anna Sobrato	Fatima Dong	Huan Dang	Dave KenigsberG	Steve Yum
12 West					
13 North	Artesia	Hao Duong	Valera Precado	Rachel Thron	Donald Howard
13 South	Cabrillo	Jaena Roman	Jan Perancullo	Mr. Kawai	Manual Campos
13 West					
14/39					

<i>DIVISION</i>	<i>CLUB</i>	<i>MEMBER</i>	<i>OFFICER</i>	<i>FACULTY</i>	<i>KIWANIS</i>
15 North	Upland	Annette Hernandez	Danya Hassan	Michael Lindensmith	Barbara Rugeley
15 East	La Sierra	Annalisa Gonzalez	Arwa Qadir	Chuong Vu	Marek LeBlanc
15 South	Chino Hills	Hannah Nguyen	Seanna Choi	Bill Taylor	Claudia Sanchez
16 North	Vaughn	Nicole Chavez	Daira Merino	Joshua Cho	Doug Ridnor
16 East	VASA	Siddarth Jasthi	Mona Gorashi	Bertie Loinaro	Jim Lofdahl
16 South	Burroughs	Haley Jun	Joshua Martinez	Gajan Fernando	David Justl
16 West					
18 East	Golden West	Yvette Soto	Brenda Manyvahn	Ms. Elder	Mr. Redden
18 West					
19 North	Gardena	Sophia Urban	Celeste Gastelum	Janet Lewis	Tom Ramirez
19 South					
20/32					
21	University City	Jeffrey Rabara	Kaitlyn Bui	Paul Morgan	John Crawford
22 Hikina					
22 Komohana					
22 Makai	Kauai	Dilver Pulgados	Brent Torres	Cindy Asato-Kochi	Tony Takai
23	Damonte Ranch	Hyacinth Asilo	Paige Benak		
24					
26 North					
26 South	Dublin	Owen Pines	Sai Kolla		Graig Crossley
27 North	Lincoln	Jeff Balmores	Chelsea Vang	Ellena Gibbons	Basel Karabala
27 South	Mountain House	Isabella Trelles	Leslie Nguyen	Luis Morias	Ben Reddish
28 North	ECTA	Kiera Melson	Joymary Buenaventura	Ms. Barcelo	
28 South	Ed W. Clark	Yelba Gonzalez	Alisha Tulio	Mei Mei Wong	
28 East	Green Valley	Jazlyn Ugale	Amanda Garcia	Mr. Martorello	Kathleen Karstenson
28 West	Cheyenne	Kristine Ndubisi	Adrian Sayas	Madelyn McKittrick	
29					
30 North	Brea Olinda	Riley Lopez	Levana Sung	Daisy Arias	Debbie Scheibel

<i>DIVISION</i>	<i>CLUB</i>	<i>MEMBER</i>	<i>OFFICER</i>	<i>FACULTY</i>	<i>KIWANIS</i>
30 South	Oxford Academy	Dylan Manganis	Hazel Choe	Kellie Vosskuhler	Willie Ortega
31	Granite Hills	Jaeda Drew	Judy Mohamad	Rebecca Skullerud	Steve Blake
33					
34 North	Aragon	Alicia Kim	Betsy Palafox	Meredith Mannion	Rosie Jimenez
34 South		Tam-Dan Nguyen	Sarah Kraemer		
35 East	Rowland	Jianhai Cui	Siyu Chen	Connie Chen	Paul White
35 West					
36 West	Grand Terrace	Katherine Limon	Daniella Hernandez	Stehen Boone	John Zupanic
37 North	Rancho Verde	Analisa Amador	Samantha Matro	Kathryn Lennertz	Carolyn Qualm
37 South	Mount Carmel	Logan Schmid	Dennis Lo		
37 East	Escondido	Kayla Pebdani	Lynne Do	Jim Munson	Margot Dutton
37 West	San Dleguito	Anika Hume	Isabel Carreon	Lance Mller	Relda Colvin
38 East					
38 West					
41 South					
42 East					
42 West	Oxnard	Marcos Gomez	Esperanza Avendano	Jeff Holloway	Marsha Cordes
43	San Benito	Aidan Diekman	Ai Huynh	Karen Lidl	Jim Hart
44 North					
44 South					
45					
46 North					
46 South					
47	La Quinta	Ariana Durant	Briza Martinez	Tamara Long	Diane Greenhouse

KEY CLUB TRAINING CONFERENCE

DIVISION 43 | JOSIAH OSORIO



"You should join Key Club- it's a fun experience and if you don't like it at least you could say you tried it." This was said by one of my close friends at Marina High School, and I can't thank them enough for encouraging me to try a club that loves to help others and expresses positivity 24/7. I recently joined about 3 months ago and have enjoyed every moment so far. At one of our Key Club meetings, I was informed about an event known as the Key Club Training Conference (KCTC). Our president highly encouraged each member to come, and she claimed that we would not want to miss it. Me and my friends then came to the decision of signing up, hoping we would have a good time. The day of KCTC then came faster than expected as time flew by fast. The event was held at Central Park, Santa Clara. Once we arrived, I was immediately overwhelmed by the amount of people attending this conference as it was awesome to see so many people from different divisions in Key Club. The event then started with us splitting up and getting into a group of people we don't know. I was a little nervous at first as I am a very shy person, but I got over it quickly as the people there were really friendly. After we had gone through a few icebreakers we then went into assigned groups and went to six different Key Club workshops. Each group spent 12 minutes at

each station and we learned things such as how to profit on fundraising, how to improve your time management, how to become a confident leader, and more. I really liked this part of KCTC as I had the opportunity to interact with people I've never seen before and I actually made some new friends along the way. After the workshops we then started to participate in fun activities with our groups for about 2 hours- this was my favorite part, as I made memories with the people in my group doing challenges such as transporting water from one side to the other while being blindfolded. After the activities, the event then ended with each group having to plan a skit in about 12-15 minutes. We then presented all of our skits and had a good time laughing at each other's creative scripting and storytelling. Once the skits were done, KCTC unfortunately came to an end. We all took pictures with one another, swapped social medias, said our goodbyes, and then called it a day. I have absolutely no complaints about this event as it was executed perfectly and much better than I expected. I hope to participate in a lot more Key Club events as time passes by. Overall, KCTC is an event you do not want to miss out on as I had a fun time making new friends and learning more Key Club member values along the way.



ICE CREAM SOCIAL

DIVISION 7 NORTH | LINH HUYNH

On June 22nd, we held our long-awaited Ice Cream Social. Around 15 Key Clubbers from Region 16 showed up to beat the heat with vanilla, mint chip, and sherbert ice cream! Along with this, they also engaged in games and festivities. In total, we raised \$75 for PTP and were able to bring joy to Region 16!



TEACHER BREAKFAST CELEBRATION DIVISION 15 SOUTH | CATHY LE

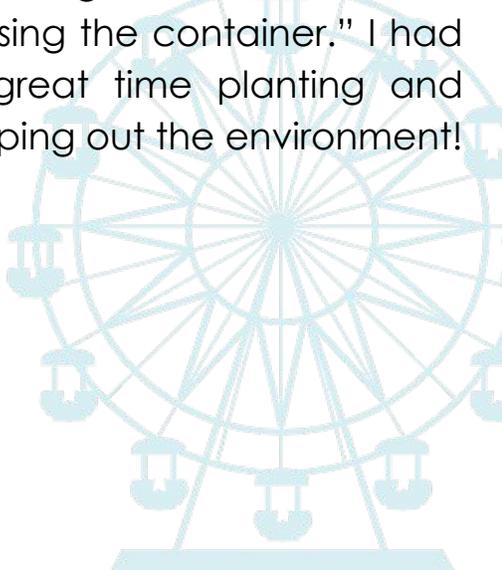
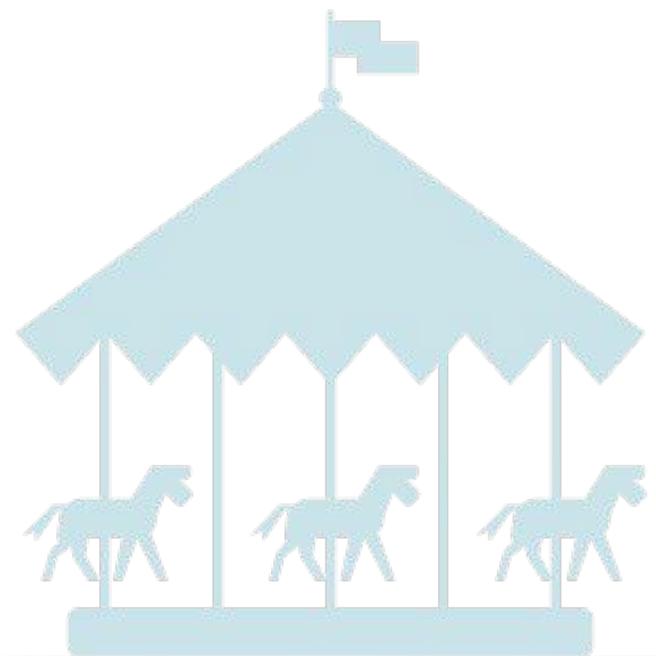
This was personally my favorite event for second semester. Not going to lie though, waking up early was a bit tiring but everything was worth it. It was a nice event to get involved in and all the teachers were very thankful. I came in earlier to set up the tables and prepped the waffle station. Afterwards, I picked up my camera and snapped a few pictures of all the members and staff faculty. It was great seeing the principals and dean pose every time the camera pointed in their direction. There was nothing but laughs that day and it was very enjoyable. This is definitely an event I would recommend members to participate in as it is fun and shows thanks to our teachers.

KIWANIS DCM DIVISION 23 | HYACINTH ASILO



Despite being the only one who attended other than the Kiwanis members we still managed to clean the park. Over at Manzanita of course and still conducted an efficient amount of time for clean up altogether. It was great talking to the older members and their experience during their time in Key Club and now they are Kiwanis members they inspire me so much. Whilst cleaning from sand to weeds and other littered trash around the park, however, it was not too much to clean up. Overall, it was a great experience to help our community and bond through service.

When I arrived at the Solana Center at 2 PM, I was given a tour by the advisor of the whole site. I had a few main jobs: guiding the visitors on the interactive tour, helping with the DIY plants, and cleaning up the site after the whole event. The most popular area of site was the DIY plant station. At the table, I helped the visitors, especially the children, with putting the soil in the pot, placing the seeds, watering the plants, and covering them afterwards. It was a slow day and the area only received around 280 visitors. I recorded this number on the log sheet while I cleaned up the site. This included putting the stamp boxes away, cleaning the DIY table, and closing the container." I had a great time planting and helping out the environment!



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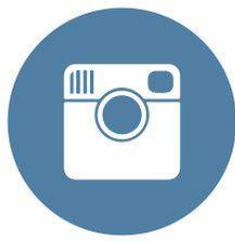
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CNH KEY CLUB



*THANK YOU FOR
READING THIS ISSUE!*

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