



## Children's Miracle Network

*JANUARY SOS*

# Children's Miracle Network

Spotlight on Service Program Guide | January 2018

## OVERVIEW:

Children's Miracle Network (CMN) Hospitals raise funds and awareness for 170 hospitals that provide 32 million treatments each year to kids across the U.S. and Canada. Donations stay local to fund critical treatments and healthcare services, pediatric medical equipment, and charitable care. CMN's various fundraising partners and programs support the non-profit's mission to save and improve the lives of as many children as possible.

All CMN contributions directly benefits hospitals purchasing up-to-date equipment, training staff, conducting life-saving research, implementing outreach programs, and providing health care for children whose parents cannot afford to pay. Find a CMN Hospital near you and learn about the work they are doing in your community.

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# facts & Statistics

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## EVERY DAY, CMN HOSPITALS TREAT:

**16,000**  
KIDS IN THE ER

**935**  
KIDS WITH  
DIABETES

**2,218**  
KIDS WITH  
CANCER

**2,329**  
KIDS FOR  
SURGERIES

**925**  
BABIES IN  
THE NICU

- 62 children enter a CMN Hospital every minute
- 1 in 10 children in North America are treated by CMN Hospitals each year
- 32 million patient visits are provided for 10 million kids each year
- CMN provides \$3.4 billion in charity care annually
- \$5+ billion has been raised by CMN for its hospitals since 1983

# CMN Hospitals

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**Throughout the Cali-Nev-Ha District, there are a total of 14 Children's Miracle Network hospitals:**

## **California:**

- Children's Hospital Los Angeles (CHLA) - Los Angeles, CA
- Children's Hospital Orange County (CHOC) - Orange, CA
- Cottage Children's Medical Center - Santa Barbara, CA
- Lauren Small Children's Center - Bakersfield, CA
- Rady Children's Hospital - San Diego, CA
- Salinas Valley Memorial Hospital - Salinas, CA
- Samaritan Medical Care Center - San Jose, CA
- UC Davis Children's Hospital - Sacramento, CA
- UC San Francisco Benioff Children's Hospital - San Francisco, CA
- Valley Children's Hospital - Madera, CA

## **Nevada:**

- Renown Children's Hospital - Reno, NV
- Sain Rose Dominican Hospital - Las Vegas, NV
- Children's Hospital of Nevada at UMC - Las Vegas, NV

## **Hawaii:**

- Kapi'olani Medical Center - Honolulu, HI

### **Service Tip:**

Make sure to visit the hospital's website or call the front desk to learn more about rules and regulations on volunteering with patients or making donations. It's important that we do our best to keep these patients safe!



# Service Projects

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## Non-Slip Socks

Making non-slip socks is an easy to-do service project for clubs of any size. These socks keep patients warm and safe while during their stay at the hospital. Using fun designs can also add color to patients' white hospital gowns.

### Step-by-Step

1. Purchase the required materials for the event.
2. Give each member a pair of socks and a squeeze-bottle of fabric paint.
3. Have members place one sock on their non-dominant hand while decorating with the paint.
4. Encourage members to be creative with their designs!
5. Deliver the socks to your local CMN Hospital.

### Materials

- Plain white socks
- Fabric paint



## Chemo Care Kits

More than 40,000 children undergo treatment for cancer each year, with chemotherapy being one of the most common treatments. These kits are meant to comfort kids and their families during this physically and mentally painful process.

### Step-by-Step

1. Collect items and monetary donations from your community for the kits. If you are including fleece blankets and would like to make them as a service project, please reference the December SOSP Guide.
2. Create an assembly line to put each item into the kits.
3. Write letters and cards to make each kit more personal for the recipient.
4. Deliver the kits to a CMN Hospital.

### Materials

- Gift bags
- Hard candy & gum
- Hand sanitizer
- Lip balm
- Disposable toothbrushes
- Notepads & pens
- Fleece blanket

# Service Projects

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## Toiletry Kits

Many families with a child in the hospital come unprepared to spend the night. Assembling and donating toiletry kits will give families one less thing to think about during stressful situations.

## Step - by - Step

1. Collect items and monetary donations from your community for the kits. It is recommended that any bottled items should be travel size.
2. Create an assembly line to put each item into the kits.
3. Bring the kits to a CMN Hospital.



## Materials

- Shampoo/conditioner
- Body wash & bar soap
- Toothbrush & toothpaste
- Disposable razors
- Deoderant
- Shaving cream
- Hairbrush/comb
- Lotion
- Hairclips & ties
- Women's sanitary items

## Hospital Visit

Rather than dropping off donations, clubs can reach out to hospitals to plan hospital visit events for pediatric wards. Throwing a party, a movie night, or a game night could help pediatric patients feel normal despite having to stay in the hospital.

## Step - by - Step

1. Host a donation drive/kit making event.
2. Contact the children's hospital closest to your club. Ask for permission to bring the kits to each patient rather than just dropping off the items.
3. Have members sign-up to attend and inform them about any rules or regulations.
4. Prepare "Get better!" cards and other small gifts to bring for each patient.
5. Consider purchasing decorations to put up in patients' rooms.
6. Arrive on time and meet each patient with a smile.

## Materials

- Donatable items/packages
- Decorations (optional)
- Camera (to take pictures of each visit!)

# Fundraisers

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## Movie Night

A movie night can be both a fundraiser and a bonding event for your club. Invite other clubs in the Kiwanis Family and the rest of your community as well to make the event as successful as possible.

### Step-by-Step

1. Gather your club board to brainstorm a date and time. Delegate an officer and your advisor to secure the location.
2. Have your club vote on a movie to watch. Make sure to get permission to use the movie.
3. Publicize the event on social media and through flyers to Kiwanis Family clubs in the area and to your school and community.
4. Sell tickets at the door. Try to keep tickets between \$5 and \$10. If the price is on the lower end, consider selling snacks at the event.
5. Once the event is over, clean up the venue and total the money.
6. Make your donation to a CMN Hospital.

### Materials

- Movie
- Snacks
- Decorations

## CMN Jars

Recruit your club members in collecting donations for CMN! Distribute mason jars or donations boxes to members at your club meeting and ask that each person attempt to fill their jar or box. Once it has been filled, have members turn in their jars to an advisor.

### Step-by-Step

1. Have members sign up to take a donation jar or box.
2. Collect enough jars or make enough boxes to distribute to each member.
3. Educate each participate on the Children's Miracle Network so that they can explain the cause while getting donations.
4. Have your advisor collect all filled jars & boxes at each meeting.
5. Provide an incentive for members to fill their donations jars.
6. Make your donation to a CMN Hospital.

### Materials

- Donation jars/boxes
- CMN infosheets
- Flyers
- Collection envelope

# Fundraisers

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## Carnations for CMN

Carnations and other flowers are great items to sell for just \$1. Encourage members to purchase a flower for someone that they care about, while donating the funds to the Children's Miracle Network.

## Step-by-Step

1. Contact local florists to ask if they would be willing to donate any flowers for charity. Many would agree to donate or at least provide a discount.
2. Publicize the event to your school and community.
3. Set up a booth and have your advisor present to watch the cash box.
4. Leave cards out for customers to write on and attach to each flower.
5. Count the amount of money made then donate it to a CMN Hospital.

## Materials

- Flowers
- Flyers
- Cash box
- Cards

## Donatable Items

- Books & magazines (Magazine subscriptions are also accepted)
- New and unwrapped toys
  - Make sure that toys are age appropriate and do not have parts that pinch
- Arts & crafts materials that are non-toxic
- Baby rattles
- Coloring books (no holiday references)
- Soft baby dolls
- Action figures
- Bubbles
- Craft and bead kits
- Play-Doh
- Pop-up toys
- UNO cards
- Sports team swag
- Footballs, soccer balls, volleyballs, etc.
- Amazon, Target, or iTunes gift cards
- Disposable baby bibs
- New or slightly-used clothes

**For more specific lists of donatable items, please check with the hospital you'd like to donate to.**



# Thanks for Reading!

**QUESTIONS, COMMENTS, OR CONCERNS?  
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