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Official Newsletter of Reaion 2/CNH

Back to school

Volume 1 Issue 5

With summer slowly and sadly dwindling to an end, more and more high school students are beginning to dawn the sad face that is characteristic of summer's ending. Luckily for Key Clubbers, the end of summer does not mean an end for Key Club fun, in fact there is A LOT to look forward to! First and foremost it is time for member recruitment. As the ever-so small freshman begin to infiltrate your campus, be sure to get them to join Key Club! From freshman orientation to readiness days and club day, be sure to get your club's name out there and be sure to be creative! From giving out candy to displaying your club banner to even wearing card board signs and walking around campus, there are a lot of ways you can get other people's attention. Remember that these new underclassmen are also going to be future officers, so recruiting and training them early on is important so that you can leave your club in good hands as more and more officers

graduate high school and move on to college.

In a few months, it will also be time to attend Regional Training Conference and Fall Rally! RTC is an amazing opportunity for your new officers to learn about their positions, and it is also a great way to get new members hooked into Key Club. From crazy sci-fi costumes to workshops and guest speakers and fun ice breakers, RTC is something you won't want to miss (see next page for more details). Fall Rally is even bigger, and will be consisted of SoCal Nevada and Hawaii Key Clubbers from all over the district, all meeting up at the great Six Flags to fundraise for an amazing cause that saves the lives of children. For more details see the next few pages. While summer always has an end, Key Club fun doesn't so let's start this year off with a bang!



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Regional Training Conference

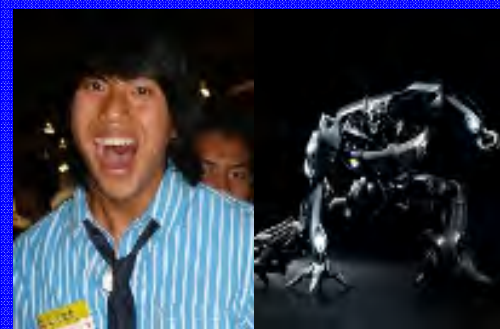
RTC, which stands for Regional Training Conference, is coming up soon! At this event, you will be there with not only Key Clubbers from your own school or division, but the whole region which consists of a total of three divisions! This means appearances from Division 21, Division 37 South, and Division 37 North. All Key Clubbers will have a chance to undergo training in workshops headed by very experienced officers, go through ice breakers and fun activities, and leave the event with so much new knowledge to bring back to their clubs! The theme for it will be "staRTC, Transforming the Future," so you better bring your futuristic costumes for the costume contest. There will also be a skit from your Lieutenant Governors and presentations from charities on how you can help with some great causes. You can also expect a motivational speaker; some clone troopers to take pictures with, a LOT of spirit, and most importantly workshops where you can learn more about Key Club! Our district Governor, the one and only Jesse Truong will also be attending this event! This is a great chance to meet our amazing district governor and let your members meet him as well and learn from his own experiences. So for only \$10, you will get training, dinner, possibly a dance, and fun! This out of this world event is going to be held at Scripps Ranch High School on October 17th, 2009, and will be from about 12:00PM to 8:30 PM. Be sure to advertise this not only to your Key Clubbers, but to your Kiwanians, as they are free! More information to come soon!

DCON Update

Even though District Convention 2010 seems like a long time away, already there is much planning going on for this huge event amongst the LTGs. Already, the theme has been announced for this year's convention: "Service, a BUZZ and BEEyond." Along with this theme, a winning logo has already been submitted and will be seen on the DCON tee-shirts. Aside from theme and logo, the DCON committee has made a few changes with regards to convention. For next year's DCON there will be no Lieutenant Governor Opportunity dance so that members will have more time for dancing. Also, the service fair this year will provide participants with cardboard presentation boards and they can make their cardboards at the fair. Also, award submissions are going green! This year for the first time members and officers can choose whether to submit a traditional binder or CD for their awards or go green and submit all their files in PDF over email as an e-portfolio. Remember that although April 2010 seems far, DCON is in Sacramento this year so start fundraising now so that your members do not have to pay as much for the airplane ticket! And remember to register early so you get to stay in one of the hotels that are closer to the convention center!

leadership
inclusiveness
caring
character building

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We love service: Autobot Style



Fall Rally and PTP

Its time to think ahead. Time to think about the spirit, pride, fundraising, and fun. Think about Fall Rally. Thousands of Key Clubbers from Southern California, Nevada, and Hawaii converge to Six Flags for Fall Rally on November 14, 2009. Divisions show their pride, coming ready to battle it all out with fundraising for PTP and spirit. Fall Rally features two general sessions (which members need to buy wristbands for, and are absolutely mandatory to attend) where divisions will show case their spirit with thunder sticks, divisional shirts and floor-shaking cheers for all the District to hear. Although there is a high chance of members losing their voice, the general session is one of the biggest parts of this event! Lieutenant Governors will also be auctioned off to the highest bidders. So members, fundraise hard so you can bid on your lieutenant governor because no LTG wants to sit up there without their own

home division bidding on them. The winner will get to spend a few hours with the LTG, but the specifics of the reward are not yet planned out yet so more on that will be announced as the event nears.

As amazingly spirited and fun this event is though, it is important to remember the underlying cause. The reason we converge to Six Flags for Fall Rally is all about fundraising for Pediatric Trauma Prevention, with Fall Rally being the biggest fundraiser for Pediatric Trauma Prevention. Fundraising for PTP helps towards grants for hospitals and the training of doctors in Pediatric Emergency Medicine. PTP is an amazing cause that in general spends money to fund hospitals, train doctors and equip them with safe medical tools that can be used to treat children in a safe way. Unintentional injury is the number one killer of children in the United States and is also 90% preventable.



You and your Kiwanis

As summer sadly comes to an end, it's important that while you still have a chance that you take the time to go to your sponsoring Kiwanis' weekly meetings! Remember that the relationship between your club and your sponsoring Kiwanis is extremely important! Your Kiwanis not only has a number of service projects that your club can work on with them, but they also often times will give your club money to help you fund your own big projects or campaigns , especially if it has to do with PTP fundraising. On the Kiwanis Foundation website there is a list of a number of grants that your clubs care eligible for and can apply for. These grants can help your clubs advertise for PTP or other huge service projects. Think of your Kiwanis as your parent club, so be sure to keep them happy. They are always welcome and always want to keep in contact with their Key Clubbers.



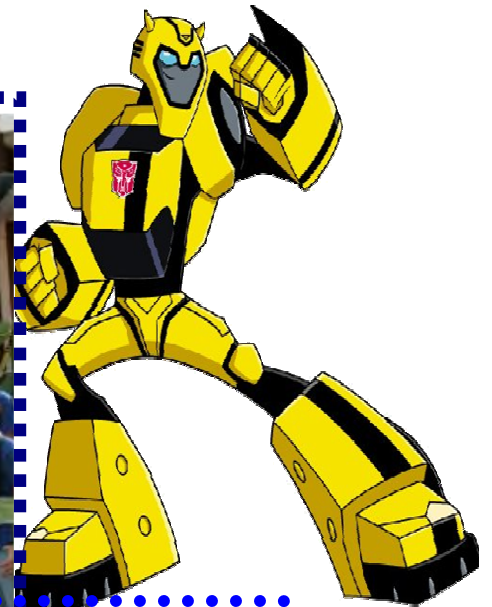
Key Leader Weekend: Building the Future Stars of Key Club!

By John Crawford, Region 2 Advisor

If you're looking for a great way to build your leadership skills and make about a hundred new friends while you're at it, then you should make plans now to attend the next KEY LEADER WEEKEND this October in Julian. Key Leader is one of the newest programs sponsored by Kiwanis International, but it's already coming to San Diego County for the fourth time! Back in 2006, only 21 brave young high school students tried out the new program, which is designed to boost confidence and team-building skills. Last year, there were more than one hundred participants at Key Leader, and it continues to grow! So many of our talented Key Club officers - Treasurers, Presidents, even Lieutenant Governors - are Key Leader alumni, and because they keep having so much fun, they keep coming back every year, wanting more of the friendship, bonding, inspiration, and excitement that Key Leader is famous for. If you decide to go, you'll be

whisked away to the Cuyamacas on Friday, October 23rd after school. On Friday night, you'll be checked into your cozy mountain cabin and introduced to your student facilitators, the high-school students who act as "community leaders" through the entire weekend's activities. On Saturday, you'll be given a number of thought-provoking and wonderfully unique activities, including physical challenges and personal reflections. There's plenty of good food, and the chance to make a lifelong friend with the people in your group. We'll also have plenty of entertainment, and what camping trip would be complete without those yummy S'mores? By the time Sunday morning dawns, you won't want to go home. Key Leader Weekend is the kind of event that changes lives and motivates teens to make a difference in the world. Is it any wonder that more and more Key Leaders are taking on challenging leadership roles in Key Club? The event is open to ALL high

school students, so invite all of your friends, and maybe they'll end up joining Key Club. Registration begins at \$175 per person, but there is a discount of \$25 for all Key Club members. (If you've been to a Key Leader event before, consider coming back as a student facilitator! You can save a lot of money that way.) Advisors are needed to help chaperone as well. For more information on the Julian event, please visit www.key-leader.org, and don't forget to register online! Be sure to tell your Kiwanis Club that you want to be a part of this incredible opportunity to boost your team-building and motivational skills. Your Kiwanis Club will be glad to help you make this dream a reality. We'll see you this October in the mountains of Julian - where the leaves change color and the apples are ripe on the trees, ready for picking!



KEY CLUB

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UNJUST AUGUST

Summers Almost at an End!

Unjust August? Again with the titles? Exactly...School is coming up soon, and our summer is closing to an end. I was really enjoying my summer too with my travels to Vegas, Yosemite, Dallas, LA, about to go to Niagra Falls, and of course Rancho Cucamonga for my Board Meetings. But the real unjust thing would be to not use the beginning of a new year to our advantage. Summer is coming to an end, and the era of school is about to come. That means orientation and the oblivious freshman that you can reel into the amazingness of key club. At orientation your club can have a booth about Key Club, and show your spirit! Your noisemaking and your spirit will attract new people to Key Club. This may sound a little mean...

but if you have good looking people promoting Key Club, then people will be more willing to join. They will be like "Oh my gosh! He is soooo cute!!" then be like "I want to join Key Club!" But this isn't the impression you want to make about Key Club, not only that there are good looking people in it, or that we make keys. The impression that you want to make is that Key Club is a club that serves, gives leadership opportunities, builds character, and last but not least, a club that has fun! So when recruiting new members, be sure to keep this all in mind.

As many of you may know, the 40th Comic-Con recently took place at the San Diego Convention Center. Thousands of people from all over the world attended this four day event including a preview night prior to four main days. We (Bryant & Ghazi) were fortunate enough to have the opportunity to volunteer at this popular event.

We were assigned to jobs at the autograph booths, and we assisted the staff member as well as artists and producers with the supplies that were needed to make the signings possible. Being able to work alongside artists that draw SpongeBob cartoon characters and people that worked on the set of Star Wars was phenomenal. After the volunteering shift of four hours, we were allowed to venture the rest of Comic-Con. As we walked around Comic-Con, we were able to meet famous actors such as Tyrese and the principal on iCarly. Not only were we able to meet famous people, but we were able to observe wonderful paintings, comic books, action figures, and many people dressed up as our favorite child-hood super heroes.

The opportunity to volunteer and explore Comic-Con this year was an amazing experience. We hope to be able to volunteer again next year and enjoy all the wonderful aspects of Comic-Con. See you guys there!

Comicon!

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RTC

RTC is coming up soon! By the way RTC stands for Regional Training Conference, which means you will be there with not only Key Clubbers from our Division 21 or your home club, but the whole region. This means appearances from Division 37 South and Division 37 North as well, so we should show up in numbers and show our Hippo pride! All Key Clubbers will have training, go through ice breakers and fun activities, and learn a lot! The theme for it will be "staR-TC, Transforming the Future," so you better bring your futuristic costumes for the costume contest. There will be a skit from your Lieutenant Governors and presentations on how you can help needy people. You can also expect a motivational speaker, some clone troopers to take pictures with, a LOT of spirit, and most importantly workshops where you can learn more about Key Club! So for only \$10, you will get training, dinner, possibly a dance, and fun! It is going to be held at Scripps Ranch High School on October 17th, 2009, and will be from about 12:00PM to 8:30 PM. Be sure to advertise this not only to your Key Clubbers, but to your Kiwanians, as they are free! More information to come soon!

FUNdraising

Heyy. There is the American Apparel Jacket Fundraiser going on right now, but a few fundraisers organized by me won't be enough. Fall Rally is coming up soon, and it is one of the biggest fundraisers for the Pediatric Trauma Foundation.

Individually start collecting money, or have fundraisers with your club. You can have book sales, bake sales, car washes, anything that will raise any amount of money. The CNH District goal is to raise 75,000 dollars through ticket sales, LTG auctioning, and all the clever ways your club can fundraise money! The money we fundraise will be for us to use for the LTG auction! So fundraise a lot of money so we can buy a lot of LTG's! However, make sure you raise as much money as possible, because I do NOT want to be bought by another division!



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Upcoming Events

August 14- August DCM
August 28- End of Year Bonfire Social
September - DCM
September 19 - American Heart Associations' San Diego Heart Walk
October 17 - RTC
October 23-25 - Key Leader
November 14 - Fall Rally South

Killer Tunga

Hello Division 37 North Surfers, School is right around the corner and that means Key Club is finally back in action. I've hoped schools have been completing community service or at least had a board meeting during summer. Since school is beginning, recruiting new members should be your mind. RECRUIT! BEE creative and have fun. BEE out there and Make Key Club be a force to reckon with. Let people know that Key Club isn't a club that makes keys, but a club that can change the world by helping our communities. Personally, I have seen the benefits of being involved in Key Club. Don't be afraid to be crazy and have fun. Go with the flow and take a ride through Key Club.
Alanna Le
Lieutenant Governor Division 37 North

star-TC

The event of the century, where many from all over will converge from the galaxy. From Division 21 to Division 37 North and Division 37 South. The Regional Training Conference that will be star-TC: Transforming the Future. On October 17, 2009 at Scripps Ranch High, the Regional Training Conference will be the best place to be. Registration will begin at 12:00 pm. For this event, there will be a \$10 charge per person because it's a day long event and provides dinner. At star-TC, there will be officer workshops, service projects, games, fun, and divisional spirit battles. What to expect at RTC would be fun, a dance,

District Governor, Jesse Truong, and a Key Club experience. Even though I know it's a far drive, I

highly recommend on using car pooling, Kiwanis, or faculty advisors. For this event, advisors are free of charge. Come to this inter-galactic event that will blast your mind into space. Many will assemble to learn the ways of Key Club.

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Reminders

Monthly Report Forms: Need to be due by the 5th of every month. BUT don't forget to send them to Mr. Crawford, our Regional Advisor. His e-mail is kiwannabee@hotmail.com

Welcome to the place to catch a wave!

Service Projects!

School is beginning, meaning we're back in action. Kick off your Key Club meeting with showing to your new members what Key Club is all about. Start with community service projects. Need any ideas? Want to help your community, think about beach clean ups or park clean ups. When planning these events, don't forget about District Project: C.A.R.E. Want to help other people? Contact other organizations or your local Kiwanis in thinking of projects. Be creative and think outside of the box. Need ideas?

Key Club Partners UNICEF

March of Dimes
Children's Miracle Network
Local food bank, homeless shelters, or anything that helps your community. Thousands converge to meet at Six Flags Magic Mountain for this annual event. On November 14, 2009 it will become an invasion of Key Clubbers from all over Southern California, Nevada and Hawaii. This year, tickets will be 25 dollars; however, don't forget about bus charge and Divisional t-shirts. Fall Rally will be a show of divisional spirit battle, so be prepared for anything. Be crazy, wild, and loud. Be loud and proud of Division 37 North. However, don't think we go for fun and games; actually, we go to Six Flags for Fall Rally so we can fundraise for Pediatric Trauma Prevention. Fall Rally is the biggest fundraiser for PTP. I will be coordinating for Division 37 North on transportation and be in contact with clubs. Expect all the fun and crazy spirit battles you can imagine. Don't forget to buy me at the Lieutenant Governor Auction Off during Fall Rally. Start fundraising because we all want to help PTP and fundraise the most. Get ready for this awesome day of spirit, fun, and Key Club.

Member Recruitment

Since it's the start of a new school year, think about how to recruit new members. Be creative and have fun. Clubs can do the usual and hand out flyers or do club rush. However, I recommend doing something that

will attract people to your club meetings. Assign someone to think or public relations to help the process. Maybe have someone wear a sign to tell people to join Key Club. Use incentives like candy or food. Make a video that catches viewers' eyes. Think of ways to attract people to Key Club, but don't forget of ways of retaining Key Club members. Try to get people actually stay and participate in your service projects or events. Use all resources in your limited access, but don't forget to think about Key Club International. They're willing to help or provide materials. Call 1-800-KIWANIS for resources.

PTP!

Why we fundraise for PTP?
Unintentional injury has proven to be the number one killer of children under the age of 14. However, 90% of it can be prevented. Pediatric Trauma Prevention has proven to be a resource of medicine and training in Emergency Pediatric Medicine. Fall Rally has been the best fundraiser for PTP; however, that doesn't stop CNH from helping fundraise for PTP. I hope as

a Division to fundraise as much as we can

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Official Newsletter of Division 37S/CNH

Volume 1 Issue 5

Division 37 South presents...

Bull Sheet Times

Member Recruitment

Yes, it is the month of August already and yes, summer is coming to an end. Yet at least this means that it's once again time for member recruitment! As a new year begins and the onslaught of the ever so small freshmen begin to infiltrate your campus, let us try to push aside our upper-classmen attitudes and embrace the new froshies and welcome them to high school and most importantly, Key Club! Remember that while Key Club is filled with too many leadership positions to even name, that the base of all that makes this organization so successful is MEMBERS, so recruitment is essential to a good healthy year of service. Also, remember that members are going to be the future officers as one by one we all graduate and go to college, so having a good new group of underclassmen allows for more possible candidates to carry on your club's traditions and accomplishments. Although most schools have a designated club day that is used to get students to sign up, it is highly suggested that you go beyond the call of duty and start recruiting before school even starts! One very successful method for recruitment is to take advantage of the readiness days at your

school, especially if they are separated by grade. If your school has a readiness day or an orientation day specifically for incoming freshman, take that opportunity to go on campus and bring sign up sheets, your club banners and other tools to catch those kid's attention. Remember that Key Club is the largest service organization in the world and you have every right to show off all that Key Club has to offer! Some especially successful attention-grabbers include advertising Fall Rally (Six Flags all the way!) and District Convention and how amazing Key Club looks on anyone's college application. On club days, it is especially important for you to try and get Key Club to stand out above the rest of the clubs that are advertising on your campus, so get creative from giant cardboard signs people can wear to using a giant megaphone and shouting above the rest, whatever you decide to do you should let it be known that Key Club is the best! As all of you prepare to launch your crazy energetic recruitment campaigns I wish all of you Red Bulls the best of luck as we enter into another year of service and fun!

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UPCOMING EVENTS!

OTC 8/9/09

Key Leader 10/23/09-10/25/09 Julian, CA

Key Leader, PTP

Key Leader

As most of you already know, no one is born a leader. Leadership is cultivated and honed in from experience, from trial and error and from obstacles and accomplishments. If you have been inspired by a leader you know or just want to hone your own leadership skills, then you should really consider going to Key Leader which is coming up this October and is taking place in Julian, California. This leadership weekend is open not only to Key Clubbers but nay high school student who is looking for an experience that will not only give them skills that will last them a life time but will also provide them priceless experiences and memories. The faculty at Key Leader consists of Kiwanians and other adults as well as high school students who return to the camp as student facilitators. Asides from team building activities, the camp consists of a lot of physical activities as well as your typical camp-side fun, including smores by the fireside and crazy night time cabin fun. The cost for this weekend event is 175 dollars per person but there is a 25 dollar discount for anyone who is a Key Club member. Remember, this event is open to all Key Club members, including Presidents, members, Lieutenant Governors and more, and to any high school student. This weekend teaches skills that will extend beyond a classroom or club setting and into the real world outside of high school, so be sure to take advantage of this amazing opportunity!

PTP fundraising

PTP (Pediatric Trauma Prevention) is the main focus of our Kiwanis, and a huge part of our District's efforts toward changing the world. PTP specifically focuses on saving the lives of children; unintentional injury is the number one killer of children and is also 90% preventable. Through PTP, Kiwanis families and other organizations can start projects as well as contribute to hospitals that PTP has already partnered up with. Through huge fundraisers, like Fall Rally North and South, to small divisional fundraisers like car washes or bake sales, our district is fundraising to help support PTP and its cause. The number raised for PTP goes to the following three areas: PTP hospital grants, Kiwanis Service and Leadership club grants and PTP safety items. It is important to remember that although Fall Rally is the largest fundraiser for this cause, PTP fundraising should be continued all year long. Not only are you raising money for an amazing cause as well as joining efforts with our entire district, but it also allows clubs to increase their skills in fundraising and allows for more divisional bonding. So even though summer is not even over, hurry and start fundraising for PTP! For fundraising ideas, be sure to check out many resources available on CNHKEYCLUB.ORG and for more information about PTP go to CNHFOUNDTAION.ORG.

leadership

inclusiveness

caring

character
building

